



Asquith Mixed Probus Club BULLETIN

President: Sylvia Gratton
Vice President: Sandra Death
Vice President: Robin Roberts
Secretary: Pam Slater
Treasurer: Yenda Holland
*Nick Speyer, Robin Doohan,
Barry Gill, Denise Mayhew,
Barbara Williamson, Mary Potter,
Angus Dougall, Barry Willick,
Pam Clarke, Jeremy Steele*

Car Observation Fun Run

With all 18 cars lined up in the drizzly weather, the start of our run appeared somewhat unpromising. However, the day improved markedly, and contestants discovered in stage 1 of the run, lovely parts of Sydney in the relatively rural Arcadia and Fiddletown areas. By 10.30 or so everyone was ready for morning tea – held at Geranium Cottage Nursery & Café at Glenorie where, whilst consuming dozens of scones, jam & cream, lively discussion was heard around the tables describing stage 1 incidents.

Then off on stage 2 of our run, heading out through Dural and Kenthurst and travelling as far as the Blue Gum Creek crossing, before returning through Annangrove to The Galston Club for a well-earned lunch, where some of the observation questions created some convivial discussion. As one of the chef's at the Club scalded his arm badly, necessitating a trip to the doctor, the reduction to one chef, meant that some meals were a little delayed; but all arrived in due course. The raffle prizes were drawn and won, and



results for the Fun Run were awarded.

It would seem every one of the 58 participants thoroughly enjoyed themselves in the rural Hills District, and had a day of fun and comradeship.

Our thanks to Angus and Sunny for all their hard work in organising a great day.



Meeting Dates

Thurs 5th July, 2018

Thurs 2nd August, 2018

at **Asquith Golf Club**

Registration 10.15am for a 10.30am start

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Asquith Mixed Probus Club Inc.

P.O. Box 3140, Asquith 2077

Formed by the Rotary Club of Berowra on 2 October 2008.

Club No: 9003799

District: 9680 Inc. No.: 9890687

Bendigo Bank details for depositing:

BSB No: 633-000 Account No.: 139 637 029

PRIVACY: In accordance with the Privacy Act 1988 and recommendation from Probus South Pacific, this newsletter is private and confidential for members of Asquith Mixed Probus Club use only and is not to be used for any other purpose.

At our June Meeting



New members were welcomed by our President



Jeremy gave us a wonderful presentation on hieroglyphics, making the profound seem very simple. The material covered and the way it was presented was a great example of “don’t be fooled by the title of a talk”. The topic Hieroglyphics sounds a little ho-hum, but if you stayed away because of the title you missed some gems. This principle applies to all the talks, as every “speaker organiser” makes every effort to bring a variety of fascinating people and topics to the meetings.

NEXT MONTH

The speaker in July is Warren Fahey AM. He tells the story of Australia through bush songs, city ditties, recitations and bush yarns.

Warren is a cultural historian, author of 30 books, broadcaster and performer. He has been honoured with the Order of Australia, Prime Minister's Centennial Medal, Bush Laureate Award and the government's highest award for lifetime service to the arts, The Don Banks Music Award.

Walks report



Laurie led us on a walk through unexpected bushland and over a reservoir as we explored the Eastern Suburbs. We finished with lunch at The Nelson Hotel in Bondi Junction.

Walks Program

Members please note bookings for lunch take a lot of time due to late changes and some withdrawals without notice. Normally I ring about Chatswood on the train and as a consequence I need members to check in by Gordon. For the July walk I will be ringing from Barangaroo to confirm numbers.

Please Note the September walk date is Thursday 20 September due to a tour date change.

Changes to walks due to weather are done by email. Where necessary this occurs about 1 pm on the Wednesday and Cancellations are made by 7am on the day.

It would be appreciated if members acknowledge receipt of these emails to avoid time consuming follow-up SMS or phone messages.

Thursday 28 June: Contact is John Britten

Where: Umina Beach to Ettalong RSL. Flat and easy beach-side stroll.
Travel: Train 1022 Plat 5 Hornsby. Marshall is Paul Sorrell. Dep 1031 Berowra. Arr Woy Woy 1053. John Britten will meet you at Woy Woy. Bus to Umina.
Morning Tea: Umina.
Lunch: Services Club Ettalong RSL.

Thursday 26 July: Contact is Laurie

Where: Huntley's Point Wharf to Drummoyne Sailing Club. Approx 5 km. Loop C1 Via Gladesville Bridge
Travel: Train Dep Berowra 0857 Hornsby 0910. Arr Wynard 0953. 7 min walk to Barrangaroo. Parramatta River Ferry 1018 Arr Huntleys Pt 1037.
Morning Tea: Coffee Break at Barrangaroo.
Lunch: Drummoyne Sailing Club (TBC)
Notes for this walk are on this link.

<http://www.walkingcoastalsydney.com.au/brochures/documents/HC2011Day3DetailedMapsNotesApril2011.pdf>

Thursday 23 August: Contact is Laurie

Where: Circular Quay to Baranagroo Reserve. Short walk 3-4 Km via harbour foreshore and finger wharfs. Rating easy depending how adventurous you are at Barangaroo

Travel: Train Dep Berowra 0927 Hornsby 09.40

Morning Tea: Coffee at Circular Quay

Lunch: Many eateries at Barangaroo at your leisure.

Thursday 20 September: Contact is Laurie

Where: Bilgola Beach to Mona Vale shops 5.6km Rated **MEDIUM**. This walk is not suited to strollers or stragglers and has some steepish gradients and steps.
102 down steps at Bungan Head.

Travel: Berowra 08.27am train, Hornsby 0840. Arr Gordon 0854. Forests Coaches dep Gordon 0913, Bus from Mona Vale to Bilgola 010.06 Or 010.15

Return Bus: 2.10pm

Morning Tea: Bilgola (dep 011.00).

Lunch: Mona Vale approx. 1.10pm.

AMPC Committee Members 2018-19

AMPC Committee Members 2018-19		Phone	Email
	Officers		
President	Sylvia Gratton		
Vice-President Elect	Sandra Death		
Secretary	Pam Slater		
Treasurer	Yenda Holland		
	Committee		info@asquithmixedprobus.org.au
Bulletin	Nick Speyer		
Hospitality	Robin Doohan		
Membership	Barry Willick		
Programme	Mary Potter		
Tours/Excursions	Barbara Williamson		
Welfare	Denise Mayhew		
Assistant Secretary	Angus Dougall		
Historian/Public Officer	Sandra Death		
Assistant Treasurer	Barry Gill		
Assist. Tours/Excursion	Pam Clarke		
Past President	Jeremy Steele		

Other Activities

Cluster Ambassador	John Channon	Dolls	Barbara Williamson
Auditor	John Cole	5 th Thursday BBQ	Lance Williamson
Books DVD, Jigsaw	Sunny Dougall & Robert Montgomery	Mah-jong	Yenda Holland
		Theatres	Rhonda Wilson
Dining out	Robin Doohan	Trivia	Mary Potter
Cards 500	Mary Glasby	Walks	Laurie Keaton
Pot Luck Meals	Rhonda Wilson	Web Site	John Channon

Treasurer's Report

Treasurer's Report as at 9 June, 2018

Income received for year to date	\$7,160	
Offset by expenses of	<u>\$5,176</u>	
Year to date surplus balance		\$ 1,984
 Add previous year's surplus of		<u>\$12,405</u>
Gives an overall member surplus of		<u>\$14,389</u>
 This surplus consists of cash of		\$20,094
Less liabilities – mainly activities paid in advance		<u>\$ 5,705</u>
Total member equity		<u>\$14,389</u>



Barry Gill

9 June 2018

CLUB OUTING FEES paid by Electronic Funds Transfer (EFT) should be made to:

Bendigo Bank BSB: 633-000
Account: 139 637 029
Account Name: Asquith Mixed Probus Club

It is important that your EFT payment is able to be identified. Please write your surname and activity abbreviation in the space provided and print the receipt from the bank. This transaction should be made prior to the general meeting. A copy of the EFT receipt and a completed Activities Payment Voucher shall be presented at the payments desk where a receipt will be provided. This receipt shall then be presented at the Activity Organiser's desk to have your attendance confirmed and your receipt endorsed by the organiser. Any transaction that cannot be identified will be forfeited to the Club.

Committee Meeting 10 May, 2018 – Notes

- AMPC Website - John Channon and Peter Reddick have offered to "learn the ropes" to keep the website updated. We hope all our members are taking advantage of having all the information in one place on the web.
- Barbara Williamson and her team of knitters/sewers/face makers, making **Trauma Dolls** for the **Westmead Children's Hospital** will always welcome new members to join their group once a month.
- **Great Ocean Road Coach trip.** There is still time to put your name down, the more the merrier.
- We have another great **Dining Out** experience - **Korean Restaurant & BBQ.** Plan a great night out in Hornsby on 22nd August. Pop it on your calendar.
- If you have any suggestions for the Club, please use the **Suggestion Box.**

Tours/Activities: Barbara Williamson

Christmas in July at the Fiddler

Date: Friday 20 July, 2018

2 course traditional Christmas luncheon

Glass of wine on arrival

Lunch cost: \$45

Maximum 45 people (number cannot be exceeded)

Pay today

Transport: Car pool



Guide Dogs for the Blind

Date: Wednesday 15th August

Cost: \$30 per person. Pay by July meeting

Lunch at the Richmond Club
(all you can eat \$12.80)

Coach departs 8.30am

As most of the training is done in the real world away from the Centre, please note that the tour will not involve watching a dog being trained. Each week the tour offers something different as we walk around the Centre, depending on what is happening on the day. One day you might see puppies at play, dogs being groomed in the kennels, or the veterinarian unit in operation. Another day there could be Pets as Therapy dogs, Puppy Pre-School, or obstacle training on the track.



No matter what, you will be sure to have a pleasant experience and gain a deeper insight into the work we do to enhance the independence and safe mobility of people who are blind or vision impaired.

Please consider weather on the day - you may want to bring a jacket, a hat, and wear comfortable shoes. The walking part of the tour is slow and on level ground, all areas are easily accessible. The Guide Dogs Centre is a designated smoke free environment. There are no refreshments available, and being a dog training centre we ask that no food be brought on site.

Day trip by train to Katoomba

Thursday 27th September

Details to be advised

Away Tour

8 day tour of Great Ocean Road

18th September to 25th September, 2018

\$1615 - single supplement \$500

\$100 deposit by June meeting

We need 30 to go



Where did that Phrase come from?

The expression **‘to eat humble pie’** was once to eat umble pie. The umbles were the intestines or less appetizing parts of an animal and servants and other lower class people ate them. So if a deer was killed the rich ate venison and those of low status ate umble pie. In time it became corrupted to eat humble pie, and came to mean to debase yourself, or act with humility.

Theatres: Rhonda Wilson

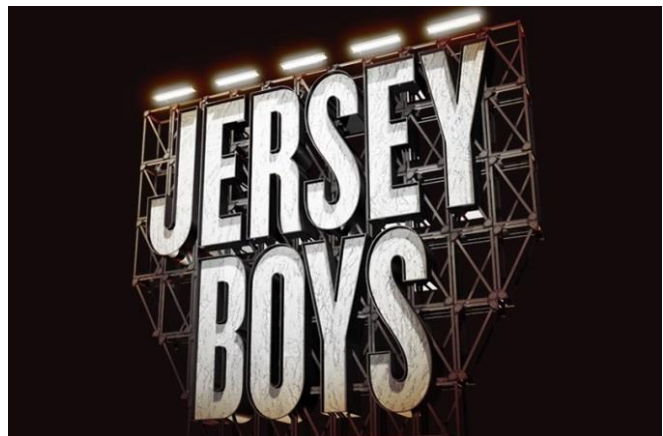
JERSEY BOYS

The theatrical triumph of the story of
Frankie Valli & the Four Seasons
returns to Sydney

Saturday 10 November 2pm

Capital Theatre

**\$80 Payment due by August meeting
(or earlier)**



CHARLEY AND THE CHOCOLATE FACTORY

Capital Theatre,

Tuesday 9 July, 2019 1pm

\$70 - payment due April, 2019.

Roald Dahl's delicious tale, Charlie and the Chocolate Factory, is a delectable treat featuring songs from the original film, including *Pure Imagination*, *The Candy Man* and *I've Got a Golden Ticket*, alongside a brand new, toe-tapping Broadway score.



MADIBA THE MUSICAL

A Celebration of Nelson Mandela.

This powerful and uplifting Musical is a soul-stirring celebration of Nelson Mandela with pulsating African dance, haunting drama and stunning visuals.

State Theatre

Wednesday 7 November 1pm

\$81.00 payment due August meeting

Limited number of tickets.



The Blind

OTHER ACTIVITIES

Trivia Nights: Mary Potter

Members of our club meet once a month on the Wednesday evening after the general meeting at Asquith Bowling Club. There is no charge, and the action starts at 7.00pm

The next date is Wednesday 11 July.

All members are welcome to join with the AMPs (Asquith Mixed Probuss) team.

Enquiries phone

Dolls: Barbara Williamson

When: 2nd Wednesday of each month
Where:
Time: 10.00 a.m.
What to Bring: Sewing Needles
Contact: Confirm



Mah-jong: Yenda Holland

1.30pm at the Bowling Club, 2nd and 4th Wednesday

BEGINNERS A good response was received to the mah-jong drive for more people. I regret to inform anyone else who may be interested that the class is now full.

Any enquiries:- Yenda

Card Playing 500: Mary Glasby

Asquith Bowling Club Cost Free, 10.00am, 1st & 3rd Wednesday

The game lends itself to varying numbers of players, which is helpful as numbers vary from seven to fourteen. There is plenty of room at the club so we can make up a number of tables. Again, no cost unless you choose to buy coffee or a drink.

Book Exchange Table: Sunny Dougall and Robert Montgomery

The **Book Exchange Table** has had an influx of books during the month, which should provide excellent reading. There are 3 more recent books from Bryce Courtney, the celebrated South African author – who lived most of his life in Australia. Talking of fine authors, we have a book from one of the USA's most celebrated authors - Cormac McCarthy. But there's more! Two novels from Richard North Patterson, that most provocative and satisfying writer.



Have you seen this sign in the Golf Club car park? Joy better not sit there too long!

UPCOMING ACTIVITIES

Date	Activity		Page	
5 th July	General Meeting		-	
4 th & 18 th July	500 Cards, Asquith Bowling Club		9	
11 th July	Trivia @ Asquith Bowling Club		8	
11 th & 25 th	Mah-Jong, Asquith Bowling Club		9	
11 th July	Dolls		9	
12 th July	Committee Meeting		-	
28 th June	Walk: Umina to Ettalong		3	
20 th July	Christmas at the Fiddler		6	
26 July	Walk: Huntley's Point to Drummoyne		3	
15 th August	Guide Dogs for the Blind		6	
22 nd August	Hospitality - BIVWON Korean BBQ		11	
23 rd August	Walk to Barangaroo		4	
18 th - 25 th Sept	Great Ocean Road Tour		7	
20 th September	Walk Bilgola Beach to Mona Vale		4	
26 th Sept & 3 Oct	Evita		-	
27 th September	Train trip to Katoomba		6	
7 th November	Madiba the Musical		8	
4 th October	AMPC 10 th Anniversary Lunch		-	
10 th November	Jersey Boys		7	
6 th December	Christmas Lunch		-	


Welfare: Denise Mayhew

Thank you to everybody who sent cards and good wishes during my recent hospital stay. Everything went well with the surgery and my knee and scar have all but healed. However, I am having problems with my hamstrings which they tell me will soften up eventually but nobody can tell me the date of 'eventually' so at the moment I'm continuing with my rehab and whinging a lot.

Maureen Sharpe is doing really well and will be finishing her rehab programme in another two weeks. Maureen still has a few tests and visits to her doctors before she's done, but I'm sure you'll see her all but skipping into the room at our next meeting.

Pat Miller has finished a three week rehab programme at Mt Wilga following her spinal surgery. I saw Pat at Mt Wilga last week where she had been taking part in the Osteo Arthritis Management Programme. Pat's husband Dusty looked as fit as a fiddle when he picked her up, but she informed me that he hadn't been feeling well for a while so he took himself to his GP who ordered an ECG. The doctor wanted to call an ambulance but Dusty said 'no' and on the Monday drove himself to Hornsby Hospital, on the Wednesday he was transferred to Macquarie Hospital and on the Thursday Dusty had an angiogram and because of an 80% blockage a stent was fitted. Would you believe he came home on the Friday wondering what all the fuss was about. Continuing good health to Pat and Dusty.

To the 14 Birthdays celebrated from our last meeting to the next, I wish you all an absolutely wonderful day.



Move to a local bank.

When you move your banking to Berowra & District **Community Bank*** Branch you'll have access to great banking products, premium customer service and a deeper satisfaction of knowing your banking is making great things happen in your community.

Drop into your nearest branch at Shop 9, 1C Turner Road, Berowra Heights or phone 9456 2265 to discover the impact your banking can have.

Bank Local

Bendigo Bank
Bigger than a bank. bendigobank.com.au

Bendigo and Adelaide Bank Limited, ABN 11 068 049 178
AFSL/Australian Credit Licence 237879, A2324 9601 (367480_v1)
(16/08/2017)

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BIVWON

WEDNESDAY
22nd August 2018
6pm for 6.30



BBQ

Korean Experience

262 Peats Ferry Rd.
(Pacific Hwy)
Next door to Habitat
Hornsby (Old Side)



Choice 1

Flower Marbled Wagyu Beef
Marinated Wagyu Beef Sirloin
Wagyu Beef Fillet cube roll



Choice 2

Wagyu Beef Fillet cube roll
Pork Belly
Whole squid
Prawns

Both choice 1 or 2 - \$30ea and served with rice, sides and green tea.

Please pay at Probus Meeting 5/7/18 or 2/8/18 and indicate **choice 1 or 2**

Beer \$5 - Wine BYO @ \$3pp

COMMITTEE OBSERVER REPORT - by Narelle Crump

I attended the Probus Committee Meeting today as an observer. I said that I thought the Committee were doing a very good job and putting a lot of time and effort into their respective jobs. I made some notes as the meeting progressed and at the end of the meeting I asked some questions and we had discussions on the points I raised.

The points raised were –

- Morning Tea – To speed up the queue, place the tea, coffee etc. where the cups are so members can prepare before reaching the urn.
- Membership – I asked if the membership numbers could be announced at General Meetings so that everyone is made aware of our numbers.
- Financial Statements – I suggested more details be shown as to the cost of hiring the venue, morning tea cost and other running expenses etc.
- Guest Speakers - I wasn't aware what guest speakers received as a thank you.
- Air conditioning – I mentioned that particularly during the hot weather, the venue was very hot and stuffy because the air conditioning hadn't been turned on. I think this should happen before the meeting commences.
- Sickness – At the last meeting, there seemed to be quite a few people with coughs and sniffles, one quite bad one. I asked if there could be a nice way to ask people who are sick if they might consider not attending. It was suggested that this could be put in the Bulletin.

PROBUS TRADING POLE



For sale

One owner iPhone 5s 16gb in pristine condition.
No scratches or dings. The phone works perfectly.

Box Contents: iPhone, original earplugs (never used),
connecting power cable, generic power supply plug and
phone protective cover

In the event that the purchaser requires assistance in setting up the phone I am prepared to help in setting it up. Price: \$125.00



Apple iPad 9.7 screen (Model A1458 / 4th generation) Silver
(black screen) 16gb No scratches or dings in excellent
condition.

Box Contents: iPad, original connecting power cable,
generic power supply plug and phone screen protective
cover

In the event that the purchaser requires assistance in
setting up the phone I am prepared to help in setting it up.

Price: \$215.00